



Meirionnydd Winter Race Series 2008/09

Pos	Name	Team	Age	Rhobell Faw	Tarren Hendre	Aran	Total
1	ROBERTS, Richard	Eryri	Senior man	0:50:01	0:51:22	1:23:26	3:04:49
2	HAYNES, Adam	Eryri	Man 0/50	0:57:10	0:56:53	1:38:42	3:32:45
3	BELLAMY, Stewart	MERCIA FELL RUNNERS	Senior man	0:59:59	0:58:10	1:42:20	3:40:29
4	HOWARTH, Paul	Eryri	Man 0/40	1:01:52	0:57:29	1:41:14	3:40:35
5	BARTLETT, Anna	Shrewbury	Senior Woman	1:00:53	0:57:24	1:44:10	3:42:27
6	BAILEY, Kate	Meirionnydd Running Club	Senior Woman	1:01:47	0:59:38	1:41:14	3:42:39
7	BEESON, Paul	Maldwyn Harriers	Man 0/40	0:57:31	1:02:19	1:44:46	3:44:36
8	ROBERTS, Andrea	Eryri	Senior Woman	1:04:16	0:59:46	1:46:07	3:50:09
9	FLETCHER, Glyn	Maldwyn Harriers	Man 0/40	1:01:12	1:00:40	1:48:43	3:50:35
10	JONES, Kevin	Meirionnydd Running Club	Man 0/40	1:06:43	1:05:04	1:49:24	4:01:11
11	ROWLANDS, Nigel	Clwydian Range runners	Senior man	1:05:38	1:04:20	1:51:24	4:01:22
12	TRAINOR, Huw	Eryri	Senior man	1:02:35	1:05:47	1:54:21	4:02:43
13	POWELL, Ross	Welsh fell running ASSOC	Man 0/50	1:02:20	1:02:05	1:59:02	4:03:27
14	ROWLANDS, Kean	Clwydian Range runners	Man 0/50	1:05:03	1:04:31	2:02:28	4:12:02
15	BLAKE, Mike	Eryri	Man 0/60	1:08:00	1:06:57	2:00:19	4:15:16
16	ROWLANDS, Sandra	Clwydian Range runners	Woman 0/40	1:10:39	1:09:44	2:05:00	4:25:23
17	ROWLANDS, Dilwyn	Eryri	Senior man	1:11:22	1:11:27	2:02:47	4:25:36
18	EVANS, Darryl	Maldwyn Harriers	Man 0/40	1:06:29	1:07:02	2:16:34	4:30:05
19	LANDUCCI, Ian	Helsby	Man 0/40	1:08:02	1:09:29	2:17:26	4:34:57
20	SMITH, John D	Meirionnydd Running Club	Man 0/60	1:14:40	1:13:31	2:12:38	4:40:49
21	SALISBURY, Ellie	Eryri	Woman 0/40	1:15:30	1:16:34	2:19:30	4:51:34
22	OLIVER, Maggie	Eryri	Woman 0/60	1:21:33	1:19:57	2:20:25	5:01:55

Winner over-all and in each age category = fastest cumulative time over all three races