

## Rhobell Fawr, 13th November 2004

Pos.	Time	Name	Team	Age	No.
1	0:50:33	DONNELLY, Colin	RonHill Cambuslang	Men 0/40	234
2	0:50:46	JONES, Dylan	Eryri		258
3	0:51:46	SEDMAN-SMITH, Robin	Telford AC		265
4	0:52:22	GILLILAND, Stephen	Bro Dysynni	Men 0/40	285
5	0:53:01	BRITTLETON, Peter	Helm Hill		284
6	0:53:23	LINK, Simon	Stourbridge RC	Men 0/40	248
7	0:53:43	HOUSTON, Ian	Wrexham		253
8	0:54:46	JONES, Stephen	Eryri	Men 0/40	264
9	0:54:54	LANCASTER, Colin	Ludlow Runners	Men 0/40	291
10	0:54:57	GILES, Matt	Stourbridge RC		247
11	0:55:01	GRAY, Ashley	Shrewbury		294
12	0:55:09	MORGAN, Thomas	MDC	Men 0/40	296
13	0:55:14	JONES, Craig	Eryri		244
14	0:56:57	O'BRIEN, Peter	Eryri		282
15	0:57:52	ASHLEY, Charles	Wrexham	Men 0/40	287
16	0:58:05	MAPP, Russell	Ludlow Runners	Men 0/40	292
17	0:58:43	THOMAS, Dyfed	Eryri		242
18	0:59:14	METCALFE, Ruth	Eryri		283
19	0:59:17	CORTURIEND, Martin	Macclesfield Harriers	Men 0/50	271
20	0:59:27	LEE, JACKIE	Eryri		289
21	0:59:56	OLDRID, Geoff	Aberystwyth AC	Men 0/50	243
22	1:00:34	JONES, Joseph	Bro Dysynni		276
23	1:01:11	DAVIES, Emyr	Eryri	Men 0/60	266
24	1:01:24	BENNELL, Jim	Eryri	Men 0/50	279
25	1:01:29	WILLIAMS, Jeremy	Eryri	Men 0/40	255
26	1:01:36	MARSH, John	Tarren Hendre	Men 0/60	267
27	1:01:48	BEESON, Paul	Maldwyn Harriers		286
28	1:02:19	TRIDIMAS, YIANNIS	Bowland FR	Men 0/50	293
29	1:04:26	SPENCER, Graham	MERCIA FELL RUNNERS	Men 0/50	290
30	1:04:37	CRAINE, Noel		Men 0/40	263
31	1:04:42	LEWIS, Glyn	Bro Dysynni	Men 0/40	245
32	1:05:02	PERCIVAL, Wayne	Ambleside AC	Men 0/40	246
33	1:05:34	BARNARD, Steve	Eryri	Men 0/40	281
34	1:05:42	IFFLA, Hugo	Bro Dysynni	Men 0/50	273
35	1:05:51	MAINWARING, John	Eryri	Men 0/50	260
36	1:05:55	MUSGROVE, Victoria	Eryri	0/40	275
37	1:06:27	GRIFFITHS, Richard	Bro Dysynni	Men 0/50	249
38	1:06:54	BLAKE, Mike	Eryri	Men 0/50	277
39	1:07:35	WILLIAMS, Martin Gareth	Eryri	Men 0/50	239
40	1:08:10	ASHLEY, John	Club		235
41	1:08:55	WHITEHEAD, Ian	Unaffiliated	Men 0/40	237
42	1:10:25	LINLEY, John		Men 0/50	270
43	1:10:32	HODGSON, Simon	Unaffiliated		236
44	1:10:43	EVANS, Melvyn		Men 0/40	250
45	1:10:45	JONES, Phil	Unattached	Men 0/50	241
46	1:10:54	STRINGER, Graeme	Bro Dysynni		299
47	1:11:07	LEWIS, Ian			251
48	1:11:24	JONES, Philip	Prestatyn	Men 0/60	261
49	1:11:31	CHILTON, Bob	Bro Dysynni	Men 0/50	252
50	1:11:51	CAHILL, Tim		Men 0/40	259
51	1:11:56	EDWARDS, Michael	Wrexham	Men 0/60	288
52	1:12:49	GOODE, Andrea	Bro Dysynni		240
53	1:13:16	OLIVER, Maggie	Eryri	0/50	280
54	1:14:09	BRADLEY, Nicholas	Bro Dysynni	Men 0/50	233
55	1:14:43	ROBERTS, Iowerth	Eryri	Men 0/60	238
56	1:17:29	GASCOYNE, Paul	Watford	Men 0/40	268
57	1:17:37	EDWARDS, Juliet	Bro Dysynni	0/40	254
58	1:17:51	NORMAN, Peter	Wrexham	Men 0/60	272
59	1:21:52	CARSON, John	Eryri	Men 0/70	262

60	1:21:53	GRETTON, Victor	HENFIELD JOGGERS	Men 0/60	297
61	1:23:55	ROBERTS, GWENDA	MERCIA FELL RUNNERS	0/40	295
62	1:23:57	ROBERTS, Margaret		0/40	269
63	1:24:52	JONES, Brenda	Bro Dysynni	0/60	298
64	1:27:12	BENNELL, Sheila	Eryri	0/50	278
65	1:31:24	LEA, Steffan		Jnr Men	274
66	1:35:57	FORREST, Kirsty			256
67	1:35:58	CHARLESTON, Derek	Unattached		257

