

## Meirionnydd Running Club - Penmaenpool 10 - 6th October 2007

Pos	Time	Name	Club	Age	No
1	0:56:55	GARRATT, Mark	Road Runners Club	SENIOR men	119
2	0:58:11	GILLILAND, Stephen	Bro Dysynni	Men 0/45	152
3	1:01:35	KING, Stephen	UW Aberystwyth Harriers	SENIOR men	37
4	1:03:41	KNEALE, Ian	Denbigh Harriers	SENIOR men	123
5	1:04:01	CORTVRIEND, Martin	Denbigh Harriers	Men 0/55	151
6	1:04:41	HAMILTON, Kevin	Cerist Triathlon Club	MEN 0/40	129
7	1:04:55	POWELL, Dave	Aberystwyth AC	Men 0/45	46
8	1:04:58	WEBSTER, Phoebe	UW Aberystwyth Harriers	SENIOR women	137
9	1:05:03	FOALE, Peter	Aberystwyth AC	Men 0/55	150
10	1:06:41	PALMER, Michael	Bro Dysynni	Men 0/35	92
11	1:08:46	KENWRIGHT, Dawn	Sarn Helen	Women 0/50	17
12	1:09:02	CHILDS, Shelley	Aberystwyth AC	SENIOR men	128
13	1:09:25	BARKER, Louise	Aberystwyth AC	SENIOR women	33
14	1:09:53	JONES, Andrew		MEN 0/40	94
15	1:10:35	ORRELLS, Steve	Maldwyn Harriers	Men 0/50	39
16	1:10:37	WHITTEY, Dave	Meirionnydd Running Club	Men 0/50	113
17	1:11:07	LEWIS, Glyn	Bro Dysynni	Men 0/45	149
18	1:11:28	STIELER, MARK	Aberystwyth AC	Men 0/45	134
19	1:11:39	EVANS, John	Aberystwyth AC	Men 0/60	133
20	1:12:44	TUNNADINE, Paula		WOMEN 0/40	124
21	1:12:50	PRICE, J Arwel	Cerist Triathlon Club	Men 0/45	131
22	1:13:11	EVANS, Maldwyn	Eryri	Men 0/45	148
23	1:13:32	JONES, David	Denbigh Harriers	Men 0/55	116
24	1:13:47	VAUGHAN, Frankie	Meirionnydd Running Club	Men 0/50	117
25	1:13:57	WENLOCK, Tony	Aberystwyth AC	Men 0/50	136
26	1:14:07	JONES, Dei	Eryri	Men 0/55	147
27	1:14:09	GARRATT, Anna	Road Runners Club	WOMEN 0/40	120
28	1:14:20	JEFFREYS, Jan	Oswestry Olympians	WOMEN 0/40	108
29	1:14:26	PLUKE, Christine		Women 0/35	97
30	1:14:45	KELLY, John	penny Lane	Men 0/45	103
31	1:15:41	EVANS, Kevin	Meirionnydd Running Club	Men 0/45	114
32	1:16:21	BRADLEY, Nicholas	Meirionnydd Running Club	Men 0/50	112
33	1:16:28	GRIFFITHS, Richard	Bro Dysynni	Men 0/55	157
34	1:16:56	WORTHING, Anita	Aberystwyth AC	Women 0/50	146
35	1:17:22	WILLIAMS, Martin Gareth	Eryri	Men 0/60	153
36	1:18:07	EVANS, Sian	Sparkhill Harriers	Women 0/35	43
37	1:19:06	WILLIAMS, Clive	Aberystwyth AC	Men 0/50	145
38	1:19:17	WARRINGTON, Nigel	Dudley Kingswinford	Men 0/50	106
39	1:19:27	PATRICK, Nick	Meirionnydd Running Club	Men 0/50	89
40	1:19:28	EVANS, Debbie	Bro Dysynni	Women 0/50	130
41	1:19:43	CAMERON, Duncan		Men 0/50	105
42	1:20:06	THOMAS, Jack	Buckley Runners	MEN 0/65	135
43	1:20:36	CHILTON, Robert	Bro Dysynni	Men 0/45	140
44	1:20:57	OWEN, Noel Rhys		MEN 0/40	156
45	1:21:35	JAMES, Annwen	Aberystwyth AC	WOMEN 0/40	141
46	1:21:36	SMITH, Leslie	Oswestry Olympians	Men 0/50	109
47	1:22:16	LEATHERS, Richard	Evesham	MEN 0/40	98
48	1:22:18	PRICE, Alison	Meirionnydd Running Club	WOMEN 0/40	154
49	1:22:29	SMITH, John D		Men 0/55	91
50	1:23:04	BROWN, Estelle	Meirionnydd Running Club	WOMEN 0/40	88
51	1:23:17	BAILEY, Sid	Deestridders	Men 0/50	99
52	1:23:47	TAYLOR, Malcolm	Bro Dysynni	Men 0/60	118
53	1:24:09	SMITH, Emma	Aberystwyth AC	SENIOR women	127
54	1:24:11	WILLIAMS, Helen	Aberystwyth AC	Women 0/45	41
55	1:24:39	JONES, Terri	Maldwyn Harriers	WOMEN 0/40	90
56	1:24:41	EDWARDS, V A		Women 0/55	28
57	1:24:43	ROBERTS, Iorwerth	Eryri	Men 0/60	102

58	1:25:13	WYNNE WILLIAMS, Jaspa		Women 0/35	138
59	1:25:31	KELLY, Michelle	penny Lane	Women 0/45	104
60	1:25:57	EDWARDS, Sharon		Women 0/35	48
61	1:26:48	EDWARDS, Andrea		Women 0/35	155
62	1:28:05	PRYTHERCH, Carys	Aberystwyth AC	Women 0/35	142
63	1:30:11	JONES, Rhian	Bro Dysynni	WOMEN 0/40	111
64	1:32:16	BRADLEY, Anna	Aberystwyth AC	SENIOR women	139
65	1:32:21	PEAKER, Sarah	Scarborough AC	Women 0/35	21
66	1:33:51	HITCHMAN, Grant James	Wolverhampton and Bilston	Men 0/45	132
67	1:34:36	ORRELLS, Caroline	Maldwyn Harriers	Women 0/45	40
68	1:35:52	GRIFFITHS, Marjorie	Bro Dysynni	Women 0/60	144
69	1:37:32	SCOTT, Eddie	Road Runners Club	Men 0/60	121
70	1:37:39	SCOTT, Patricia	Road Runners Club	Women 0/60	122
71	1:38:27	NAPIER, Jean	Bro Dysynni	Women 0/55	2
72	1:42:04	EVANS, TRACEY	Meirionnydd Running Club	WOMEN 0/40	115
73	1:42:15	OWEN, Christine	Meirionnydd Running Club	Women 0/35	44
74	1:43:50	WYKES, Ernest	Cerist Triathlon Club	MEN 0/65	100