

Penmaenpool 10 mile race Saturday 4th October 2003

Time	Name	Team	Age	Race No	
1	0:57:14	GILLILAND, Stephen	Bro Dysynni	M42	50
2	0:59:08	MOSS, David	Ambrey	M34	73
3	0:59:35	LEWIS, Arwel	Eryri	M45	51
4	1:00:13	THOMSON, Rob	Road Runners Club	M45	87
5	1:00:49	BEWLEY, David		M53	72
6	1:00:58	WILSON, Barry	Ludlow Runners	M51	36
7	1:01:03	PARRY, Tony	Wrexham	M48	41
8	1:01:21	ROBERTS, Dai	Aberystwyth AC	M43	108
9	1:01:32	THORN, Jim	Headington	M37	109
10	1:01:36	DAVIES, Emyr	Eryri	M60	95
11	1:03:20	PRICE, Jimmy	Liverpool Running Club	M50	82
12	1:03:25	BURTON, David	Dursley and District AC	M43	33
13	1:03:37	OWEN, Dylan	Dulwich Runners	M39	89
14	1:03:59	JONES, Stephen	Wrexham	M35	119
15	1:04:00	WAKEMAN, Chris	Shrewbury	M45	68
16	1:04:37	BRIZELL, Anne	Wrexham	F43	59
17	1:05:00	HARVEY, Ian	Swinton RC	M29	70
18	1:05:09	ROLLASON, Vince	Bromsgrove & Redditch AC	M50	45
19	1:06:20	HUGHES, Clifford	Unattached	M40	69
20	1:06:38	JONES, Joseph	Bro Dysynni	M26	94
21	1:07:14	MASON, Gary	Bourne Town Harriers	M37	112
22	1:07:27	EVANS, David Clive	Aberystwyth AC	M56	121
23	1:07:29	JONES, Gwyn	Bro Dysynni	M45	49
24	1:07:38	LEWIS, Glyn	Bro Dysynni	M44	37
25	1:07:42	TIFFEN, Peter		M37	110
26	1:07:46	PRICE, Stephen	Liverpool Running Club	M44	81
27	1:07:56	DORAN?, Dicky		M29	122
28	1:07:58	O'PREY, Nick	Penny Lane Striders	M47	61
29	1:08:07	MCNEILL, Ian	Penny Lane Striders	M45	47
30	1:08:11	HODGSON, Tony	Bro Dysynni	M53	56
31	1:08:12	COOKE, Ian		M37	31
32	1:08:31	WHITTEY, Dave	Bro Dysynni	M45	90
33	1:08:37	EDWARDS, Janet	Shropshire Shufflers	F41	100
34	1:08:39	COOKE, Alison	Hereford Couriers	F42	67
35	1:08:50	MAN, Tony	Penny Lane Striders	M35	75
36	1:09:44	SMITH, Rob		M37	39
37	1:10:04	EVANS, John	Aberystwyth AC	M57	91
38	1:10:05	NONE, Rowena		F22	123
39	1:10:10	EVANS, Maldwyn	Eryri	M42	118
40	1:10:12	EVANS, Geraint	Aberystwyth AC	M42	97
41	1:10:23	TAYLOR, Malcolm	Bro Dysynni	M60	9
42	1:10:30	CONNOR, Alan	Wrexham Triathlon Club	M40	26
43	1:10:33	STIRLING, Ian	Unattached	M41	62
44	1:10:44	WALKER, John		M37	4
45	1:11:22	EDWARDS, Paul	Birmingham Rowheath Harriers	M46	46
46	1:11:35	WILLIAMS, John Barry	Wrexham Triathlon Club	M51	114
47	1:11:45	YOUNG, Graham	Cannock Chase Harriers	M45	111
48	1:11:46	WILLGOOSE, Carol	Halifax Harriers	F45	74
49	1:12:14	SANDLAND, Roger	Telford AC	M62	10
50	1:12:27	MORGAN, Ffion	Aberystwyth AC	F20	78
51	1:12:52	BENNION, Chris	Ellesmere Port	M50	40
52	1:13:01	STANLEY, Barry		M67	92
53	1:13:08	CHILTON, Bob	Bro Dysynni	M55	3
54	1:13:19	JONES, Dei	Eryri	M53	117
55	1:13:51	MANN, David	Prestiegne Pacers	M38	60
56	1:14:19	BRIDGES, Bryan	Shropshire Shufflers	M41	80
57	1:14:39	MAY, Stephen		M40	19
58	1:14:52	STEVENS, Jerome		M28	104
59	1:14:52	NARRAWAY, Richard		M39	98
60	1:15:02	ASHTON, Brian	Aberystwyth AC	M52	99

61	1:15:35	EVANS, Eurig	Eryri	M48	63
62	1:15:56	ECKERSLEY, David	Colwyn Bay AC	M57	54
63	1:16:04	RUDD, Lee	Bro Dysynni	M32	116
64	1:16:05	BRADLEY, Nicholas	Bro Dysynni	M49	102
65	1:16:28	PURLINGE, Malcom	Wrexham	M39	120
66	1:16:36	FORSTER-BROWN, Chris		M36	105
67	1:16:41	ROBERTS, Iowerth	Eryri	M59	66
68	1:16:45	JEFFREYS, Jan	Oswestry Olympians	F40	24
69	1:16:52	BISHOP, Paul		M44	6
70	1:18:14	RENDELL, Paul		M49	27
71	1:18:30	TAYLOR, James	Leighton Fun Runners	M59	5
72	1:18:46	DELRIO, Lisa	Trentham Running Club	F38	88
73	1:18:55	WARRINGTON, Frances	Dudley Kingswinford	F44	42
74	1:19:28	MORRIS, Doug	Oswestry Olympians	M71	48
75	1:20:05	OLIVER, Maggie	Eryri	F55	85
76	1:20:47	WARRINGTON, Nigel	Dudley Kingswinford	M46	43
77	1:21:59	HOLBROOK, Stan	Penny Lane Striders	M66	86
78	1:22:02	ROBERTS, Glynn Armon		M52	96
79	1:22:34	EDWARDS, Juliet	Bro Dysynni	F41	29
80	1:22:49	BRIZELL, Phillip	Unattached	M42	58
81	1:23:38	CONNOR, Norman		M71	18
82	1:23:39	HANSON, Mike		M61	93
83	1:23:50	WILLS, Bernard	Shropshire Shufflers	M56	32
84	1:24:16	WILLIAMS, Barbara	Wrexham Triathlon Club	F47	115
85	1:24:34	JONES, Sheila	Bro Dysynni	F43	30
86	1:25:10	FOSTER, Martin	Bourneville Harriers	M48	12
87	1:25:26	WILLIAMS, John		M45	22
88	1:25:38	RAPSON, Sally	Royal Sutton Coldfield AC	F41	103
89	1:25:48	KING, Michael	Nailsea RC	M55	21
90	1:26:15	JONES, Brenda	Bro Dysynni	F62	83
91	1:27:12	HORTON, Clare	Bro Dysynni	F40	84
92	1:27:22	HAYTON, Michael		M53	2
93	1:27:22	HATTON, John	Unattached	M58	57
94	1:27:46	POPE, Cameron	Unattached	M48	76
95	1:28:42	MORGAN, Denise		F44	79
96	1:29:01	CLASSON, Frances	Deeside AAC	F68	52
97	1:29:17	LANGSTON, Kay	Bro Dysynni	F33	53
98	1:31:57	GRIFFITHS, Marjorie	Bro Dysynni	F58	23
99	1:34:04	WILKINSON, Cliff		M72	7
100	1:34:20	HARDING, Carol		F47	113
101	1:35:54	HOLT, Veronica	Bro Dysynni	F62	20
102	1:37:16	GRESSLER, Fran	Bro Dysynni	F37	38
103	1:37:16	HAMER, Janice	Kiddermisnter +S	F44	55
104	1:39:10	STEVENS, Christine	Bro Dysynni	F46	77