

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	0:27:41	ROTHERY, Brendan	Eryri	Senior men	22	1
2	0:28:27	JONES, Iwan	Coventry Godiva Harriers	Men 0/35	50	2
3	0:30:02	ROBERTS, Tom	Meirionnydd Running Club	Senior men	42	3
4	0:30:13	LEWIS, Dylan Rhys	UW Aberystwyth Harriers	Senior men	60	4
5	0:31:44	DAIVES, Joshua	Unattached	Junior men	63	5
6	0:32:20	MORGAN, Harvey	Oswestry Olympians	Men 0/45	32	6
7	0:32:40	EVANS, Cliff	Aberystwyth University Harriers	men 0/50	40	7
8	0:32:48	EVANS, Dic	Cardiff AAC	Men 0/60	59	8
9	0:34:04	FRANCIS, Ricky	Meirionnydd Running Club	Senior men	28	9
10	0:34:58	ROTHERY, Ian	Cybi Striders	Men 0/55	48	10
11	0:35:15	FOALE, Peter	Aberystwyth AC	Men 0/55	54	11
12	0:35:19	EVANS, John	Aberystwyth AC	Men 0/60	41	12
13	0:35:30	BOSWELL, Tom	Unattached	Senior men	61	13
14	0:35:38	ROWLANDS, Glyn	Meirionnydd Running Club	men 0/50	37	14
15	0:35:58	HOLLAND, Kevin	Aberystwyth AC	men 0/50	49	15
16	0:36:43	NICHOLLS, Peter	Meirionnydd Running Club	Men 0/55	30	16
17	0:36:45	WENLOCK, Tony	Aberystwyth AC	Men 0/55	19	17
18	0:36:57	WORTHING, Anita	Aberystwyth AC	Women 0/50	18	18
19	0:37:08	SMITH, John D	Meirionnydd Running Club	Men 0/60	23	19
20	0:37:34	EVANS, Kevin	Meirionnydd Running Club	Men 0/45	27	20
21	0:37:44	WILLIAMS, Carl	Unattached	Senior men	20	21
22	0:38:20	FOSTER, Martin	Bourneville Harriers	Men 0/55	17	22
23	0:38:24	COLE, Judith	Meirionnydd Running Club	Women 0/40	29	23
24	0:38:28	FLETCHER, Ed	Unattached	Senior men	62	24
25	0:38:44	SMITH, Michael	Cannock and Stafford	Junior men	36	25
26	0:38:53	HUMPHREYS, Stephen	Unattached	Senior men	51	26
27	0:39:10	BRADLEY, Nich	Meirionnydd Running Club	Men 0/55	34	27
28	0:39:40	JOHNSON, Bethan	Unattached	Senior Ladies	43	28
29	0:40:14	THOMPSON-SMITH, Dyfed	Fairlands Valley Spartans	Men 0/35	16	29
30	0:40:17	KELLY, Michelle	penny Lane	Women 0/50	12	30
31	0:40:37	KELLY, John	penny Lane	Men 0/45	11	31
32	0:40:50	PATRICK, Estelle	Meirionnydd Running Club	Women 0/45	57	32
33	0:41:21	JONES, Sioned Mair	Meirionnydd Running Club	Senior Ladies	21	33
34	0:41:59	JONES, Rachelle Anna	Meirionnydd Running Club	Women 0/35	46	34
35	0:42:17	ROBERTS, Gwion	Meirionnydd Running Club	Junior men	38	35
36	0:43:23	PHEASANT, Colin	Chase Harriers	Men 0/55	4	36
37	0:43:39	SMITH, Gaenor	Meirionnydd Running Club	Senior Ladies	24	37
38	0:45:05	OWEN, Kevin	Meirionnydd Running Club	Men 0/35	8	38
39	0:45:16	FARMER, Louise	Unattached	Senior Ladies	44	39
40	0:45:53	TAYLOR, Malcolm	Meirionnydd Running Club	Men 0/65	1	40
41	0:46:00	WYNNE-WILLIAMS, Jaspa	Meirionnydd Running Club	Women 0/35	52	41
42	0:46:23	WILLIAMS, Karen	Aberystwyth AC	Women 0/35	47	42
43	0:46:36	STRETCH, Helen	Aberystwyth AC	Women 0/55	56	43
44	0:46:49	JACKSON, Barrie	Meirionnydd Running Club	Men 0/70	14	44
45	0:47:39	WILLIAMS, Gareth		Men 0/40	13	45
46	0:48:13	JONES, Alun		Men 0/45	33	46
47	0:48:43	SMITH, Pauline	Cannock and Stafford	Women 0/50	35	47
48	0:48:47	ROBERTS, Karen	Unattached	Women 0/35	45	48
49	0:49:08	DAVIES, PHILIP	Unattached	Men 0/70	10	49
50	0:49:44	JONES, Gudrun	Sarn Helen	Women 0/50	39	50
51	0:50:29	CONNELLY, Bernadette	Unattached	Women 0/45	53	51
52	0:51:16	PRICE, Amanda	Meirionnydd Running Club	Women 0/35	26	52
53	0:51:16	RODEN, Heidi	Meirionnydd Running Club	Women 0/40	25	53
54	0:51:19	BREESE, Shan	Aberystwyth AC	Women 0/50	58	54
55	0:52:03	GRIFFITHS, Marjorie	Bro Dysynni	Women 0/65	55	55
56	0:53:28	MEDI, Nia	Meirionnydd Running Club	Women 0/45	31	56
57	0:54:29	OWEN, Christine	Meirionnydd Running Club	Women 0/35	9	57

Dolgellau 5 mile, Dolgellau 5 - Saturday 31 July 2010. 1:30 pm

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58	1:12:41	SYMONDS, Sheila	Bro Dysynni		7	58

There were 58 finishers in the All Competitors category.