



## **Dolgellau 5 Mile Road Race, Saturday 28th July 2007**

<b>Position</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Age</b>	<b>No</b>
1	0:26:03	GILLILAND, Stephen	Bro Dysynni	M 0/45	75
2	0:26:04	DODSWORTH, Paul	Warrington AC	M 0/35	10
3	0:26:20	SHEILS, Simon	Abergele Harriers	M 0/40	86
4	0:26:26	GARRATT, Mark	Road Runners Club		41
5	0:26:46	JONES, Iwan	Coventry Godiva Harriers		64
6	0:27:42	LEE, Martin	Rosendale	M 0/40	60
7	0:27:53	KING, Stephen	UW Aberystwyth Harriers		77
8	0:28:00	CAHILL, Tim	Abergele Harriers	M 0/45	45
9	0:28:05	ANNABUE, Tom	Vale Royal	M 0/40	55
10	0:28:17	ROBERTS, Dewi	Abergele Harriers	M 0/40	16
11	0:28:21	POLLITT, Peter	Bolton	M 0/40	62
12	0:28:32	GOUGH, DAVE	Vale Royal	M 0/40	70
13	0:28:36	PRYCE, David	Unattached		84
14	0:28:44	JONES, Adam			15
15	0:28:52	BROWN, Philip	North Wales Road Running Club	M 0/40	73
16	0:28:54	ROBERTS, Dewi	Bro Dysynni	M 0/35	18
17	0:28:54	GALLOP, Oliver	Meirionnydd Running Club	M jnr	51
18	0:29:01	ROBERTS, Gareth	Abergele Harriers	M 0/40	17
19	0:29:32	EDGINGTON, Clive	South London Harriers	M 0/50	46
20	0:29:34	ROBERTS, Stephen William	Oswestry Olympians	M 0/50	9
21	0:30:07	CHILDS, Shelley	Aberystwyth AC		90
22	0:30:19	FOALE, Peter	Aberystwyth AC	M 0/55	28
23	0:30:44	HANCOCK, Jon	Oswestry Olympians	M 0/50	91
24	0:30:49	RICHARDS, Geoff	Wrexham	M 0/55	74
25	0:31:11	WHITBY, Helen	Vale Royal		69
26	0:31:22	BRANDWICK, Paul	Prestatyn	M 0/50	67
27	0:31:28	MANSON, Gordon	Oswestry Olympians	M 0/50	93
28	0:31:44	EVANS, John	Aberystwyth AC	M 0/60	71
29	0:31:55	DOHERTY, Terry	Bourneville Harriers	M 0/50	29
30	0:31:59	BARKER, Louise	Aberystwyth AC		76
31	0:32:21	DUGMORE, Paul	Bourneville Harriers	M 0/45	23
32	0:32:26	JONES, David Alan	Denbigh Harriers	M 0/55	47
33	0:33:21	ROBERTS, Tomos	Meirionnydd Running Club	M jnr	61
34	0:33:23	TUNNADINE, Paula		F 0/40	44
35	0:33:24	EVANS, Clive	Aberystwyth AC	M 0/60	92
36	0:33:26	SAYCELL, Anita	Aberystwyth AC		58
37	0:33:30	NICHOLLS, Peter	Meirionnydd Running Club	M 0/55	34
38	0:33:37	LEVY, Simon	Bank of england AC	M 0/45	81
39	0:33:47	TAVENER, MARY	Vale Royal	F 0/45	6
40	0:33:55	SAYCELL, Martyn	Aberystwyth AC		59
41	0:34:08	MOLYNEUX, Jo	Vale Royal	F 0/45	72
42	0:34:16	POSTLETHWAITE, Dave			53
43	0:34:22	WENLOCK, Tony	Aberystwyth AC	M 0/50	13
44	0:34:30	EVANS, Kevin	Meirionnydd Running Club	M 0/45	35
45	0:34:32	OWEN, Noel Rhys		M 0/40	24
46	0:34:38	VAUGHAN, Frankie	Meirionnydd Running Club	M 0/50	5
47	0:34:58	THOMAS, Jack	Buckley Runners	M 0/65	63
48	0:35:02	GARRATT, Anna	Road Runners Club	F 0/40	40
49	0:35:05	THOMAS, Cliff	Aberystwyth AC	M 0/60	38
50	0:35:10	JONES, Iwan		M jnr	85
51	0:35:14	HARDING, Noel		M 0/35	66
52	0:35:19	WORTHING, Anita	Aberystwyth AC	F 0/50	26
53	0:35:33	BRADLEY, Nicholas	Meirionnydd Running Club	M 0/50	54

54	0:36:24	ASHTON, Brian	Aberystwyth AC	M 0/55	14
55	0:36:52	JACKSON, Barrie	Bro Dysynni	M 0/65	12
56	0:36:59	PRICE, Alison	Meirionnydd Running Club	F 0/40	87
57	0:37:35	CHILTON, Robert	Bro Dysynni	M 0/55	78
58	0:37:38	TEE, John		M 0/60	22
59	0:37:44	DOOLAN, MIKE	Prestatyn	M 0/55	79
60	0:37:48	PHEASANT, Colin	Cannock Chase Harriers	M 0/50	48
61	0:37:58	TAYLOR, Malcolm	Bro Dysynni	M 0/60	20
62	0:38:06	MCCONNELL, Ian	Village RR	M 0/35	89
63	0:38:12	CHAPMAN, Lois	Maldwyn Harriers	F 0/45	57
64	0:38:19	PARKINSON, Bridget	Aberystwyth AC		80
65	0:38:23	JONES, Sheila	Bro Dysynni	F 0/45	49
66	0:41:12	ROBERTS, Margaret	Meirionnydd Running Club	F 0/40	50
67	0:43:45	BEARD, David	Eryri	M 0/50	19
68	0:43:52	STORRY, Mike	Village RR	M 0/60	88
69	0:44:12	BRANDRICK, Gillian	Prestatyn	F 0/50	68
70	0:44:21	GRIFFITHS, Marjorie	Bro Dysynni	F 0/60	21
71	0:44:43	JONES, Sioned Mair	Meirionnydd Running Club		65
72	0:44:46	PRIOR, James I			32
73	0:45:29	PRIOR, Ian		M 0/60	30
74	0:45:30	BROWN, Aled		M 0/35	83
75	0:46:25	SCOTT, Patricia	Road Runners Club	F 0/60	43
76	0:46:27	NAPIER, Jean	Bro Dysynni	F 0/55	4
77	0:46:31	SCOTT, Eddie	Road Runners Club	M 0/60	42
78	0:46:40	EVANS, TRACEY	Meirionnydd Running Club	F 0/40	36
79	0:47:19	OWEN, Kevin		M 0/35	82
80	0:48:15	DAVIES, PHILIP		M 0/65	37
81	0:48:44	PRIOR, Sue		F 0/55	31
82	0:50:00	BROWN, Nia		F 0/35	27
83	0:50:22	JONES, Danial			11
84	0:51:06	MORRIS, Doug	Oswestry Olympians	M 0/75	52
85	0:51:57	OWEN, Christine		F 0/35	3
86	0:54:00	WELLS, Sharon		F 0/40	39
87	0:54:00	STEVENS, Christine	Bro Dysynni	F 0/45	56
88	0:54:03	SYMONDS, Sheila	Bro Dysynni	F 0/70	8
89	0:57:11	PARKINSON, Joy	Meirionnydd Running Club	F 0/45	25
90	1:01:10	COOK, Simon	Meirionnydd Running Club	M 0/40	2