

Aran Organic Lamb

Ras yr Aran, March 22nd, 2008

(shortened race due to adverse weather, approx 7 miles, Aran Benllyn)

Pos	Time	Name	Club	Age	No
1	0:58:16	DAVIES, Tim	MERCIA FELL RUNNERS		167
2	0:58:17	ROBERTS, Richard	Eryri		126
3	0:59:51	FANNING, Mike	Borrowdale	Man O/40	176
4	1:02:34	STAFFORD, Roland	MERCIA FELL RUNNERS		156
5	1:03:03	ROBERTS, Matthew	Eryri		135
6	1:03:46	GILLILAND, Stephen	Bro Dysynni	Man O/40	144
7	1:04:01	ASHCROFT, Neil	Ambleside AC	Man O/40	197
8	1:04:06	NEAR, Chris	Eryri		114
9	1:04:47	HUGHES, Ian	Shrewbury	Man O/40	192
10	1:04:51	BOWIE, Jon	Oswestry Olympians		200
11	1:05:09	HIGGINBOTTOM, Tim	Eryri		190
12	1:05:26	RIDGWAY, Ian	Eryri		139
13	1:05:26	JONES, Craig	Unattached		205
14	1:06:22	FINES, Helen	Calder Valley Fell Runners		146
15	1:06:27	BUTTERWORTH, Scott	Eryri		140
16	1:06:30	ATYEO, John	Witney Runners	Man O/40	196
17	1:06:30	CLIFFE, Martin	Unattached		123
18	1:07:02	JONES, Paul V	Oswestry Olympians		201
19	1:07:49	MCILVEEN, Justin	Abergele Harriers		127
20	1:08:11	MCQUEEN, James	Eryri		183
21	1:08:13	CLEWES, Matthew	MERCIA FELL RUNNERS	Man O/40	199
22	1:08:16	HOWARTH, Paul	Eryri	Man O/40	150
23	1:08:32	BEESON, Paul	Maldwyn Harriers	Man O/40	153
24	1:09:07	HOLLOWAY, Darren	pennine		122
25	1:09:17	STRINGER, Nick	Sparkhill Harriers	Man O/40	97
26	1:09:41	JENKINSON, Paul	Eryri	Man O/40	162
27	1:09:46	EDWARDS, Simon	Buckley Runners		134
28	1:10:13	BELLAMY, Stewart	MERCIA FELL RUNNERS		143
29	1:10:30	MCARA, Graham	Cheshire Hill Racers	Man O/50	96
30	1:11:02	GIBBONS, Steve	Unattached	Man O/40	208
31	1:12:02	CRAINE, Noel	Eryri	Man O/40	163
32	1:12:34	DAVIES, Elwyn	Unattached	Man O/40	136
33	1:12:49	SCANNELL, Jack	Unattached		141
34	1:13:03	TRAVIS, Ian	Fell Running Association	Man O/40	187
35	1:13:30	EDGAR, Iwan	Eryri	Man O/50	204
36	1:13:43	LANCASTER, Colin	Telford AC	Man O/40	184
37	1:13:48	FENNEY, Steven	Stone Master Marathoners		160
38	1:13:52	BARTLETT, Anna	Shrewbury		158
39	1:14:04	KELLY, Michael	Unattached	Man O/40	93
40	1:14:16	PARRY, Neil	Unattached		137
41	1:14:23	ROWLANDS, Nigel	Clwydian Range runners		171
42	1:14:27	FLETCHER, Glyn	Maldwyn Harriers	Man O/40	151
43	1:14:34	AUSTIN, Dave	Bristol		145
44	1:14:58	ROBERTS, Andrea	Eryri		142
45	1:14:59	ROBERTS, Simon Gwyn	Buckley Runners		130
46	1:15:12	BUTLER, Andy	pennine	Man O/50	120
47	1:15:28	WALKER, Craig	Calder Valley Fell Runners		121
48	1:15:48	DUNCAN, ALAN	Bowland FR	Man O/50	166
49	1:15:52	OWEN, Dylan	Eryri	Man O/40	129
50	1:15:57	OLDRID, Geoff	Aberystwyth AC	Man O/50	179
51	1:16:06	WILLIAMS, Donald	Eryri	Man O/60	133
52	1:16:36	ROWLAND, Kean	Clwydian Range runners	Man O/50	100
53	1:17:04	PAVIOUR, Mark	Prestiegne Pacers	Man O/40	108

54	1:17:43	GARSON, Peter	Aberystwyth AC	Man O/40	198
55	1:17:48	HINDLE, Neil	Unattached	Man O/50	115
56	1:17:55	POWELL, Dave	Aberystwyth AC	Man O/40	181
57	1:18:06	TRIDIMAS, YIANNIS	Bowland FR	Man O/60	168
58	1:18:10	WALLER, Adam	Unattached		175
59	1:18:15	MARHAM, David	Unattached	NDB	94
60	1:18:26	MILES, Chris	Shropshire Shufflers	Man O/40	152
61	1:18:40	ASHLEY, Charles	Wrexham	Man O/40	112
62	1:18:44	STINTON, Paul	Clwydian Range runners		172
63	1:18:49	BENNELL, Jim	Eryri	Man O/50	170
64	1:19:18	TOBERMAN, Hannah	Eryri		164
65	1:19:40	WHITTEY, Dave	Meirionnydd Running Club	Man O/50	185
66	1:19:48	RIDGWAY, Sarah	Eryri		138
67	1:20:00	POWELL, Ross	Welsh fell running ASSOC	Man O/50	157
68	1:21:31	PRYCE, Andy	Maldwyn Harriers		206
69	1:21:50	GILLIE, Mary	Clwydian Range runners		189
70	1:22:12	CORTVRIEND, Martin	Denbigh Harriers	Man O/50	203
71	1:22:22	MALIA, David	Unattached	Man O/40	98
72	1:22:32	JOHN, Morris	Buckley Runners	Man O/60	147
73	1:23:08	ROBSON, Rich	MERCIA FELL RUNNERS	Man O/50	165
74	1:23:12	THOMAS, Ali	Eryri	O/40	155
75	1:23:20	HODGSON, Tony	Meirionnydd Running Club	Man O/50	116
76	1:23:33	ROWLANDS, Sandra	Clwydian Range runners	O/40	101
77	1:23:56	BARKER, Louise	Aberystwyth AC		125
78	1:23:57	EVANS, Darryl	Maldwyn Harriers	Man O/40	124
79	1:24:02	TRAINOR, Huw	Unattached		119
80	1:24:06	EVANS, Paul	Wrexham		148
81	1:24:07	DAVIES, Susan	Prestiegne Pacers	O/40	113
82	1:24:14	BOUTET, Jacky	Unattached	Man O/40	195
83	1:24:22	RECOQUILLE, Marc	Unattached		106
84	1:24:22	GARSDIE, Lisa	Telford AC	O/40	154
85	1:24:23	ROTHERY, Ian	Cybi Striders	Man O/50	111
86	1:24:47	JONES, ROBERT	Clwydian Range runners	Man O/50	109
87	1:25:25	O'KEEFE, Shaun	Wrexham		149
88	1:25:34	BLAKE, Mike	Eryri	Man O/50	118
89	1:26:17	EVANS,	Unattached	Man O/40	194
90	1:26:35	GRIFFITHS, Richard	Bro Dysynni	Man O/50	174
91	1:26:56	GUNNER, Gary	Ambrey	Man O/60	95
92	1:27:26	ROWLAND, Dilwyn	Eryri		132
93	1:27:35	DOWNING, Simon	Unattached		169
94	1:28:05	STEWART, Gavin	Eryri		161
95	1:28:22	WILLIAMS, Edwin	Eryri	Man O/40	180
96	1:28:47	GILLARD, Phil	Helsby RC	Man O/40	103
97	1:29:04	EWELS, Jenny	Clwydian Range runners		188
98	1:29:27	O'SULLIVAN, Kate	Aberystwyth AC	O/40	177
99	1:29:47	LLEWELYN, Sion	Unattached	Man O/40	104
100	1:30:49	ORMEROD, Dave	Welsh fell running ASSOC	Man O/60	128
101	1:31:10	WILDE, Amanda	Unattached		131
102	1:31:22	BRADLEY, Nicholas	Meirionnydd Running Club	Man O/50	107
103	1:31:47	AZNG, Clive	Aberystwyth Harriers	NDB	117
104	1:32:23	SMITH, John D	Meirionnydd Running Club	Man O/60	207
105	1:32:42	SALISBURY, Ellie	Eryri	O/40	193
106	1:33:38	HOWELLS, Judy	Wharfedale Harriers		178
107	1:34:15	BLAKEMORE, Ian	Eryri	Man O/50	99
108	1:34:28	EVANS, Kevin	Meirionnydd Running Club	Man O/40	202
109	1:35:00	EDWARDS, Juliet	Meirionnydd Running Club	O/40	110
110	1:37:58	WILLIAMS, Helen	Trot St Clears	O/40	105
111	1:40:43	OLIVER, Margaret	Eryri	O/60	159
112	1:46:28	GRETTON, Victor	Meirionnydd Running Club	Man O/60	173
113	1:47:37	NORMAN, Peter	Wrexham	Man O/70	186
114	1:54:44	MAPP, JANE	MERCIA FELL RUNNERS	O/40	182
115	1:57:11	HODGES, Michael	Trot St Clears	Man O/50	102

Junior/Short Race

15:42	Owain James	M	14
16:32	Lisa Peters	F	14
17:27	Rhys James	M	11
18:09	Aaron Roberts	M	10
18:32	Bronwen Jenkinson	F	11
19:12	Daniel Peters	M	11
19:17	Danny Evans	M	9
20:35	Sarah Thomas	F	15
23:20	Michael Peters	M	10