

## Ras Yr Aran 2005

Pos	Time	Name	Club	Age	No.
1	1:31:32	HIGGINBOTTOM, Tim	Eryri		61
2	1:32:03	MCQUEEN, James	Eryri		55
3	1:33:06	JONES, Dylan	Eryri		49
4	1:36:20	OWEN, Russell	Eryri	Men 0/40	12
5	1:37:34	PIERCE, Cai	Eryri		23
6	1:38:18	GILLILAND, Stephen	Bro Dysynni	Men 0/40	26
7	1:40:05	VITEK, Jaroslav	atletico batelov		86
8	1:42:07	BELLAMY, Stewart	MERCIA FELL RUNNERS		64
9	1:43:22	SCRIVEN, Matt	MERCIA FELL RUNNERS		63
10	1:44:10	MONTGOMERY, John	Buckley Runners	Men 0/40	92
11	1:44:44	OLDRID, Geoff	Aberystwyth AC	Men 0/50	94
12	1:45:03	JONES, Trefor	Eryri	Men 0/40	51
13	1:45:34	EDGAR, Iwan		Men 0/40	80
14	1:48:12	JONES, Joseph	Bro Dysynni		25
15	1:48:41	LEE, JACKIE	Eryri		28
16	1:48:59	HUTTON, ROBERT	Dark Peak Fell Runners	Men 0/40	60
17	1:49:11	MCARA, Graham	Cheshire Hill Racers	Men 0/50	7
18	1:49:22	AMIES, John	Congleton Harriers	Men 0/60	82
19	1:49:28	RHODES, Chris	Congleton Harriers	Men 0/40	87
20	1:49:35	METCALFE, Ruth	Eryri		53
21	1:51:51	BOLER, NEVILLE	Dark Peak Fell Runners	Men 0/50	72
22	1:52:04	MAPP, Russell	Ludlow Runners	Men 0/40	29
23	1:53:41	TRIDIMAS, YIANNIS	Bowland FR	Men 0/60	52
24	1:53:45	ROBERTS, Richard	Eryri		75
25	1:53:49	POWELL, Dave		Men 0/40	18
26	1:55:24	BEESON, Paul	Maldwyn Harriers		79
27	1:56:57	MORRIS, John	Buckley Runners	Men 0/60	21
28	1:57:02	ROBERTS, Phillip	Malvern Hash		68
29	1:57:28	LEWIS, Neil	Hereford Couriers		89
30	1:57:43	RICHARDS, David Iestyn			74
31	1:57:46	SULLIVAN, Ben			59
32	1:58:31	ASHLEY, Charles	Wrexham	Men 0/40	16
33	1:58:44	PRICE, Melanie	Ludlow Runners		1
34	1:58:51	AMESBURY, Ben	Clwydian Range runners		3
35	1:59:43	BENNELL, Jim	Eryri	Men 0/50	27
36	2:00:04	ILIFF, Nick			93
37	2:00:28	HORNSBY, Richard	Ludlow Runners		31
38	2:01:23	WILLIAMS, Dafydd	Eryri		56
39	2:01:29	BUCKLEY, Mick	Newcastle (Staffs) AC		81
40	2:02:29	HARTFALL, Clive	Eryri	Men 0/50	13
41	2:03:32	LITTLEWOOD, Steve	Hereford Couriers	Men 0/50	90
42	2:03:38	TAYLOR, Max	Helsby RC		57
43	2:05:20	WILLIAMS, Colin			54
44	2:05:20	MORRIS, Andrew		Men 0/40	5
45	2:06:05	MIDDLEWICK, Gill			42
46	2:06:56	LEWIS, Glyn	Bro Dysynni	Men 0/40	50
47	2:07:11	BRADSHAW, Peter	Malvern Hash		71
48	2:08:08	JONES, Iorwerth	Wrexham Triathlon Club	Men 0/50	76
49	2:08:29	FOALE, Peter	Aberystwyth AC	Men 0/50	30
50	2:08:54	SINCLAIR, Dewi	Eryri	Men 0/50	17
51	2:09:02	EVANS, Robert		Men 0/40	97
52	2:09:05	OLIVER, Alwin	Eryri	Men 0/60	38
53	2:09:19	POWELL, Ross	Eryri	Men 0/40	88
54	2:10:42	PARRY, Keith	Chase Harriers	Men 0/50	44

55	2:10:42	BURT, Alan	Chase Harriers	Men 0/40	46
56	2:10:52	PAUL, Stephen	Buckley Runners	Men 0/40	22
57	2:11:21	FARR, Anita	Malvern Hash		67
58	2:12:10	HUGHES, Kenny	Wrexham Triathlon Club	Men 0/50	77
59	2:12:19	DEWHURST, Gerry	Radcliffe AC		37
60	1:51:32	SHARP, Simon	Buckley Runners	NDB	69
61	2:12:33	EWELS, Jenny	Buckley Runners		62
62	2:12:44	BELSHAW,	Eryri	Men 0/40	98
63	2:12:53	CHILTON, Bob	Bro Dysynni	Men 0/50	36
64	2:13:00	COOK, Alan			14
65	2:13:06	HUDDLESTON, Mark		Men 0/40	85
66	2:14:21	GRIFFITHS, Richard	Bro Dysynni	Men 0/50	45
67	2:15:16	GOODE, Andrea	Bro Dysynni		20
68	2:15:32	HALE, Mike		Men 0/50	58
69	2:15:41	JONES, Iowerth	Bro Dysynni	Men 0/40	78
70	2:17:17	SHINN, David	Dallam Running Club	Men 0/50	66
71	2:18:16	JONES, Philip	Prestatyn	Men 0/60	73
72	2:19:35	AMESBURY, Yvonne	Clwydian Range runners		2
73	2:19:53	EDWARDS, Juliet	Bro Dysynni	0/40	47
74	2:20:38	EDWARDS, Michael	Wrexham	Men 0/60	15
75	2:21:55	OLIVER, Maggie	Eryri	0/50	39
76	2:22:21	NEWBY, Paul	Eryri	Men 0/60	35
77	2:22:53	SMITH, Andy	Helsby RC	Men 0/40	43
78	2:25:27	LINLEY, John		Men 0/50	40
79	2:26:02	OLDFIELD, Paul	Welsh fell running ASSOC	Men 0/40	19
80	2:28:31	WELSH, Paul	Ellesmere Port	Men 0/40	4
81	2:31:46	EVANS, Clive	Aberystwyth AC	Men 0/50	95
82	2:32:19	BENNELL, Sheila	Eryri	0/50	41
83	2:33:52	LANE, Jason			6
84	2:34:00	HUGGINS, James	Buckley Runners		48
85	2:39:07	BARKER, Chris			9
86	2:39:52	MONTGOMERY, Sandra	Buckley Runners		91
87	2:40:22	RUDGE, Leon			10
88	2:40:22	RUDGE, Che			8
89	2:42:25	POHL, Marion	Buckley Runners	0/40	70
90	2:42:41	CARSON, John	Eryri	Men 0/70	65
91	2:46:52	EARDLOY, Peter	Club	Men 0/50	34
92	2:48:27	JONES, Brenda	Bro Dysynni	0/60	32
93	2:50:58	GRETTON, Victor	HENFIELD JOGGERS	Men 0/60	11
94	2:55:12	SHARP, Joanna	Ludlow Runners	0/40	33
95	2:58:49	ROBERTS, Iowerth	Eryri	Men 0/60	96
96	3:08:20	KEYS, Reg		Men 0/50	84
97	3:08:20	KEYS, Richard			83
98	3:21:45	LEA, Steffan		Jnr Men	24

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